



Master's Program with a Concentration in School Counseling Sample Plans of Study (72 credits)

Students are expected to take course work in sequence (see courses marked with * below). Students will find below a typical plan of study. Some courses must be taken in sequence while other courses can be taken as a student's schedule allows. For example, in the fall of the first year, students should begin with Basic Counseling Techniques, Counseling Theory, Fieldwork, and Legal and Ethical Issues. Students should consult the class schedule for research, assessment, and developmental courses, as well as elective courses. Students should note that most classes are taught more than once in different quarters but other courses have more than one section of the same course taught all in the same quarter (e.g., Basic Counseling Techniques). The schedule may change somewhat from year to year so it is essential that students complete a Coursework Plan in their first quarter. Comprehensive Exams are taken during the Spring of Year II.

Please note that this plan of study is simply an example to be used as a planning tool, and not all students will be able to follow this sequence exactly.

YEAR I

<u>FALL</u>	<u>CR</u>	<u>WINTER</u>	<u>CR</u>
Basic Counseling Techniques *	3	Intermediate Counseling Techniques *	3
Counseling Theory*	5	Lifespan Development	5
Legal and Ethical Issues*	5	School Counseling Practicum*	1
Counseling Fieldwork*	1	Diversity Seminar	1
		Psychopathology*	5
	14		15

<u>SPRING</u>	<u>CR</u>	<u>SUMMER</u>	<u>CR</u>
School Counseling Internship 1*	1	Optional	
Intro to Assessment	5		
Group Counseling*	5		
Diversity: Multicultural Counseling*	5		
	16*		

Must be taken during Year 1 during the quarter noted

YEAR II

<u>FALL</u>	<u>CR</u>	<u>WINTER</u>	<u>CR</u>
School Counseling Internship 2	1	School Counseling Internship 2	1
Crisis Intervention (CFSP)	4	Career Counseling	5
Exceptionalities (CFSP)	3	Diversity Seminar	1
		Family Counseling	3
	8		10

<u>SPRING</u>	<u>CR</u>
School Counseling Internship 2	1
Learning Theories and Behavior	3
<u>Program Eval and Research Methods</u>	<u>5</u>
	9

**Required Courses from CFSP

	<u>CR</u>
Crisis Intervention: Risk, Resilience & Prevention	4
Exceptionalities in Ed: High Incidence Disabilities	3



Comprehensive Examination

General content areas for the Counselor Preparation Comprehensive Examination (CPCE) include:

1. Human Growth and Development
2. Social and Cultural Diversity
3. Helping Relationship (Family)
4. Group Work
5. Career Development
6. Assessment
7. Research and Program Evaluation
8. Professional Orientation and Ethical Practice

COMPREHENSIVE EXAMS ARE OFFERED IN THE SPRING QUARTER ONLY. STUDENTS MUST REGISTER ONE QUARTER IN ADVANCE.