



Master’s Program in Clinical Mental Health Counseling with Addictions Specialization Sample Plans of Study (90 credit hours)

Students are expected to take course work in sequence (see courses marked with * below). In general, this means students who enter the program should begin in the fall with Basic Counseling Techniques, Fieldwork, Counseling Theory, and Ethical and Legal Issues. Students should consult the class schedule for research, assessment and developmental courses, as well as elective courses. Students should note that most classes are only offered more than one time each academic year and the schedule may change from year to year. Some electives are offered during summer quarter. Comprehensive Exams may be taken during spring quarter of year two.

NOTE: There are 4 courses required for CACII certification, but only 3 of those 4 are required for degree completion. You have the option of completing all 4 in the program if you wish to pursue CACII, but that will result in your total credit hours going over the requisite 90 for degree completion. You may also take the non-required course for the degree (CNP 4797) outside of DU, but it is up to you to ensure that coursework meets the requirements for CACII certification outlined by the Office of Behavioral Health. Here are the courses for CACII certification:

- CNP 4787 Motivational Interviewing
- CNP 4789 Pharmacology of Addictive Behaviors I & II
- CNP 4797 Counseling Addictive Behaviors** (required for CACII, optional for degree completion)
- CNP 4799 Infectious Diseases in Addictive Behaviors

Please note that these plans of study are simply examples to be used as a planning tool, and not all students will be able to follow these sequences exactly.

If Clinic is taken in spring 1st year/summer between 1st and 2nd year:

YEAR I

| <u>FALL</u> | <u>CR</u> | <u>WINTER</u> | <u>CR</u> |
|-------------------------------|---------------|--------------------------------------|---------------|
| Basic Counseling Techniques * | 3 | Intermediate Counseling Techniques * | 3 |
| Counseling Theory* | 5 | Beginning Practicum* | 3 |
| Ethical and Legal Issues* | 5 | Psychopathology* | 5 |
| Counseling Fieldwork* | 1 | Lifespan Development | 5 |
| <hr/> | | <hr/> | |
| | 14 | | 16 |
| <u>SPRING</u> | <u>CR</u> | <u>SUMMER</u> | <u>CR</u> |
| Group Counseling Theory* | 5 | Counseling Clinic | 5 |
| Beginning Practicum* | 3 | Motivational Interviewing | (4) |
| Diversity* | 5 | (to replace spring Year II) | |
| Counseling Clinic | 5 | | |
| <hr/> | | <hr/> | |
| | 18 | | 5 (9) |

***Must be taken during Year 1 during the quarter noted.**



YEAR II

| <u>FALL</u> | <u>CR</u> | <u>WINTER</u> | <u>CR</u> |
|--|-----------|---------------------|-----------|
| M.A. Internship* | 3 | M.A. Internship* | 3 |
| Couns Addictive Behav. (optional for degree) | (4) | Career Counseling | 5 |
| Program Development and Research Methods | 5 | Infectious Dx | 2 |
| Elective | 3 | Intro to Assessment | 5 |
| 11 (15) | | 15 | |

| <u>SPRING</u> | <u>CR</u> |
|---------------------------|-----------|
| M.A. Internship* | 3 |
| Motivational Interviewing | 4 |
| Psychopharmacology I & II | 4 |
| 11 | |

If Clinic is taken in summer between 1st and 2nd year/fall 2nd year:

YEAR I

| <u>FALL</u> | <u>CR</u> | <u>WINTER</u> | <u>CR</u> |
|-------------------------------|-----------|--------------------------------------|-----------|
| Basic Counseling Techniques * | 3 | Intermediate Counseling Techniques * | 3 |
| Counseling Theory* | 5 | Beginning Practicum* | 3 |
| Ethical and Legal Issues* | 5 | Psychopathology* | 5 |
| Counseling Fieldwork* | 1 | Lifespan Development | 5 |
| 14 | | 16 | |

| <u>SPRING</u> | <u>CR</u> | <u>SUMMER</u> | <u>CR</u> |
|--------------------------|-----------|-----------------------------|-----------|
| Group Counseling Theory* | 5 | Counseling Clinic | 5 |
| Beginning Practicum* | 3 | Motivational Interviewing | (4) |
| Diversity* | 5 | (to replace spring Year II) | |
| Intro to Assessment | 5 | | |
| 18 | | 5 (9) | |

***Must be taken during Year 1 during the quarter noted.**

YEAR II

| <u>FALL</u> | <u>CR</u> | <u>WINTER</u> | <u>CR</u> |
|--|-----------|-------------------|-----------|
| M.A. Internship* | 3 | M.A. Internship* | 3 |
| Couns Addictive Behav. (optional for degree) | (4) | Career Counseling | 5 |
| Program Development and Research Methods | 5 | Infectious Dx | 2 |
| Counseling Clinic | 5 | Elective | 3 |
| 13 (17) | | 13 | |

| <u>SPRING</u> | <u>CR</u> |
|---------------------------|-----------|
| M.A. Internship* | 3 |
| Motivational Interviewing | 4 |
| Psychopharmacology I & II | 4 |
| 11 | |



If Clinic is taken in fall 2nd year/winter 2nd year:

YEAR I

| <u>FALL</u> | <u>CR</u> | <u>WINTER</u> | <u>CR</u> |
|-------------------------------|---------------|--------------------------------------|---------------|
| Basic Counseling Techniques * | 3 | Intermediate Counseling Techniques * | 3 |
| Counseling Theory* | 5 | Beginning Practicum* | 3 |
| Ethical and Legal Issues* | 5 | Psychopathology* | 5 |
| Counseling Fieldwork* | 1 | Lifespan Development | 5 |
| <hr/> | | <hr/> | |
| | 14 | | 16 |
| <u>SPRING</u> | <u>CR</u> | <u>SUMMER</u> | <u>CR</u> |
| Group Counseling Theory* | 5 | Motivational Interviewing | (4) |
| Beginning Practicum* | 3 | (to replace spring Year II) | |
| Diversity* | 5 | | |
| Intro to Assessment | 5 | | |
| <hr/> | | <hr/> | |
| | 18 | | (4) |

*Must be taken during Year 1 during the quarter noted.

YEAR II

| <u>FALL</u> | <u>CR</u> | <u>WINTER</u> | <u>CR</u> |
|--|----------------|-------------------|-----------|
| M.A. Internship* | 3 | M.A. Internship* | 3 |
| Couns Addictive Behav. (optional for degree) | (4) | Career Counseling | 5 |
| Program Development and Research Methods | 5 | Infectious Dx | 2 |
| Counseling Clinic | 5 | Counseling Clinic | 5 |
| <hr/> | | <hr/> | |
| | 13 (17) | | 15 |
| <u>SPRING</u> | <u>CR</u> | | |
| M.A. Internship* | 3 | | |
| Motivational Interviewing | 4 | | |
| Psychopharmacology I & II | 4 | | |
| Elective | 3 | | |
| <hr/> | | <hr/> | |
| | 14 | | |



If Clinic is taken in winter 2nd year/spring 2nd year:

YEAR I

| <u>FALL</u> | <u>CR</u> | <u>WINTER</u> | <u>CR</u> |
|-------------------------------|---------------|--------------------------------------|---------------|
| Basic Counseling Techniques * | 3 | Intermediate Counseling Techniques * | 3 |
| Counseling Theory* | 5 | Beginning Practicum* | 3 |
| Ethical and Legal Issues* | 5 | Psychopathology* | 5 |
| Counseling Fieldwork* | 1 | Lifespan Development | 5 |
| <hr/> | | <hr/> | |
| | 14 | | 16 |
| <u>SPRING</u> | <u>CR</u> | <u>SUMMER</u> | <u>CR</u> |
| Group Counseling Theory* | 5 | Motivational Interviewing | (4) |
| Beginning Practicum* | 3 | (to replace spring Year II) | |
| Diversity* | 5 | | |
| Intro to Assessment | 5 | | |
| <hr/> | | <hr/> | |
| | 18 | | (4) |

*Must be taken during Year 1 during the quarter noted.

YEAR II

| <u>FALL</u> | <u>CR</u> | <u>WINTER</u> | <u>CR</u> |
|--|----------------|-------------------|-----------|
| M.A. Internship* | 3 | M.A. Internship* | 3 |
| Couns Addictive Behav. (optional for degree) | (4) | Career Counseling | 5 |
| Program Development and Research Methods | 5 | Infectious Dx | 2 |
| Elective | 3 | Counseling Clinic | 5 |
| <hr/> | | <hr/> | |
| | 11 (15) | | 15 |
| <u>SPRING</u> | <u>CR</u> | | |
| M.A. Internship* | 3 | | |
| Motivational Interviewing | 4 | | |
| Psychopharmacology I & II | 4 | | |
| Counseling Clinic | 5 | | |
| <hr/> | | <hr/> | |
| | 16 | | |



Comprehensive Examination

General content areas for the Counselor Preparation Comprehensive Examination (CPCE) include:

1. Human Growth and Development
2. Social and Cultural Diversity
3. Helping Relationship
4. Group Work
5. Career Development
6. Assessment
7. Research and Program Evaluation
8. Professional Orientation and Ethical Practice

COMPREHENSIVE EXAMS ARE OFFERED IN THE SPRING QUARTER ONLY. STUDENTS MUST REGISTER ONE QUARTER IN ADVANCE.

Note: the areas covered in the CPCE overlap with the NCE, which is needed for licensure.

Clinic

Students in the Clinical Mental Health Counseling concentration enroll in two consecutive 5-credit (10 credits total) clinic courses that require them to work one evening or afternoon a week for two quarters in the Counseling and Educational Services Clinic (C&ES) operated jointly by the Counseling Psychology and School Psychology programs. The above sample plan of study suggests Counseling Clinic in fall and winter of your second year, but not all students will be able to enroll in this sequence. You may start Counseling Clinic as early as Spring quarter of your first year.

You MUST contact the Clinic Director to discuss your clinic assignment. This should be discussed as early as possible in your program, and definitely before the end of Winter quarter your first year to ensure all students have an assigned spot.

The purpose of the Clinic training experience is as follows:

1. To serve as a training site for Master's and doctoral level students in the Counseling Psychology program of the University of Denver's Morgridge College of Education. Students are observed by a live observation team during their sessions with clients and receive immediate verbal and written feedback. They also participate as a part of a reflection team. There are opportunities for research, consultation, and other experiences.
2. To serve as a research facility for students and faculty in the Counseling Psychology program.
3. To offer a community service by providing testing/assessment and individual, couples, family and group counseling and consultation for persons with educational, career, personal, family or other life transitional concerns at a reasonable cost (sliding scale).
4. To provide consultation and intervention for schools and other agencies dealing with school-related problems.