

September 28th – October 2nd

WEEK 3

2026

Unflavored Whole Milk for Ages Up To 1 Year Old, And Unflavored 1% or Fat-Free Milk for Ages 2-5 Will Be Served During Meals

MEAL:	MON 5/4	TUES 5/5	WED 5/6	THUR 5/7	FRI 5/8	
BREAKFAST:	Whole Grain Cheerios Yogurt Peaches	WG French Toast Sticks Syrup Pears	Whole Grain English Muffin Strawberry Jam Diced Honeydew	Whole Grain Waffle Syrup Applesauce	Mini Bagel Cream Cheese Blueberries	
BREAKFAST ALTERNATIVE:	Whole Grain Cheerios Vegan Yogurt Peaches	WG French Toast Sticks Syrup Pears	2 oz WG English Muffin Strawberry Jam Diced Honeydew	Vegan Waffle Syrup Applesauce	Mini Bagel Strawberry Jam Blueberries	
LUNCH:	Shredded BBQ Chicken WG Hamburger Bun Peas Apple Slices	Beef Meatballs Whole Grain Pasta w/ Marinara Steamed Broccoli Florets Banana	Turkey Taco Meat w/ Cheese 6" Flour Tortilla Refried Beans Cantaloupe	Grilled Chicken Cutlet Whole Grain Bun Baked Tater Tots Pineapple	Roast Turkey Breast Tater Tots Roasted Corn Banana	
LUNCH ALTERNATIVE:	Vegan BBQ chicken WG Hamburger Bun Peas Apple Slices	Beyond Meatballs Whole Grain Penne w/Marinara Steamed Broccoli Florets Banana	Taco Seasoned Tofu 6" Corn Tortilla Refried Beans Cantaloupe	Vegan Chicken Cutlet Whole Grain Bun Baked Tater Tots Pineapple	Roasted Tofu Cubes Tater Tots Roasted Corn Banana	
SNACK:	Soft Pretzel Bites Orange Cuties	Graham Crackers Cucumber	Animal Crackers Apple Slices	Goldfish Strawberry Yogurt	Club Crackers Cheddar Cheese Slice	