

Demi Folds

demifolds91@gmail.com

EDUCATION

The University of Denver - Denver, CO

Master of Arts, Clinical Mental Health Counseling

Expected: June 2017

The University of Georgia - Athens, GA

Bachelor of Science, Psychology

May 2013

RELEVANT EXPERIENCE

Southeast Counseling and Coaching - Centennial, CO

Student Intern

September 2016 - Present

- Meet with an average of thirteen clients each week to provide psychotherapy
- Attend individual supervision sessions and group supervision sessions
- Consult with supervisor on client's issues and concerns

Pinnacle Charter High School - Thornton, CO

Practicum Student

December 2015 - May 2016

- Met with seven - ten students weekly to discuss grades, graduation requirements, mental health and their social and family lives
- Attended staff meetings with supervisor and the school's staff and principal
- Consulted with supervisor on student issues and concerns

Follett University of Denver Bookstore - Denver, CO

Sales Associate/Team Member I

September 2015 - Present

- Collaborate on issues and productive strategies with full-time managers and co-workers
- Assist customers with textbook purchases, educational materials or supplies, apparel purchases
- Maintain Quick Copy Center by producing paper materials such as, pamphlets, posters, post-cards, business cards, booklets, course packs, resumes, and hand-outs

Toxicology Associates of North Georgia - Marietta, GA

Substance Abuse Case Worker

July 2014 - July 2015

- Managed over fifty patients by monitoring methadone stabilization dose, and progress towards treatment goals while also maintaining thorough case notes of patient's progress in treatment
- Conducted individual counseling sessions, including establishing treatment goals, teaching relapse prevention, and harm reduction strategies
- Conducted comprehensive biopsychosocial intake sessions

University of Georgia Athletic Association - Athens, GA

Psychology and Sociology Tutor & Mentor

January 2012 - July 2014

- Met with twenty – twenty-five student-athletes twice a week to discuss concepts they were learning in their psychology and sociology courses
- Maintained up-to-date, detailed records of the student-athlete's progress
- Held mental health discussions on topics such as, the transitions into college, substance use versus abuse and damaging effects it can have on the developing brain, and mild stress versus mental health concerns
- Taught student-athletes more effective learning and listening skills, as well as time management techniques

Samaritan Center for Counseling and Wellness - Athens, GA

Volunteer/Administrative Assistant

September 2013 - July 2014

- Maintained relationships with existing clients and spoke with potential clients about agency information
- Counseled new clients over the phone and filled out a detailed intake form with them

MEMBERSHIPS AND ACTIVITIES

Girl Scouts Alumnae Association, Volunteer

August 2009 - Present

Relationship and Psychotherapy Lab, Member

September 2015 - Present

Addictions Lab, Member

January 2016 - Present

APA Graduate Student Affiliate, Member

January 2016 - Present