



Master's Program with Clinical Mental Health Counseling Concentration Sample Plans of Study (90 credit hours)

Students are expected to take course work in sequence (see courses marked with * below). In general, this means students who enter the program should begin in the Fall Quarter with Basic Counseling Techniques, Fieldwork, Counseling Theory, and Ethical and Legal Issues. Students should consult the class schedule for research, assessment and developmental courses, as well as elective courses. Students should note that most classes are only offered once each academic year and the schedule may change from year to year. Some electives are offered during summer quarter. Note: Some students may want to carry a heavier course load during year one, and may choose to add required courses listed in year two. Comprehensive Exams are taken in the spring of year two. **Passing the program comprehensive exam is also required (see below).**

Please note that these plans of study are simply examples to be used as a planning tool, and not all students will be able to follow these sequences exactly.

If Clinic is taken in spring 1st year/summer between 1st and 2nd year:

YEAR I

<u>FALL</u>	<u>CR</u>	<u>WINTER</u>	<u>CR</u>
Basic Counseling Techniques *	3	Intermediate Counseling Techniques *	3
Counseling Theory*	5	Beginning Practicum*	3
Ethical and Legal Issues*	5	Psychopathology*	5
Counseling Fieldwork*	1	Lifespan Development	5
<hr/>		<hr/>	
	14		16
<u>SPRING</u>	<u>CR</u>	<u>SUMMER</u>	<u>CR</u>
Group Counseling Theory*	5		
Beginning Practicum*	3	Counseling Clinic	5
Diversity*	5		
Counseling Clinic	5		
<hr/>		<hr/>	
	18		5

*Must be taken during Year 1 during the quarter noted.

YEAR II

<u>FALL</u>	<u>CR</u>	<u>WINTER</u>	<u>CR</u>
M.A. Internship*	3	M.A. Internship*	3
Program Development & Research Methods	5	Career Counseling*	5
Elective	3	Elective	3
		Intro to Assessment	5
<hr/>		<hr/>	
	11		16
<u>SPRING</u>	<u>CR</u>		
M.A. Internship*	3		
Elective	3		
Elective	4		



If Clinic is taken in summer between 1st and 2nd year/fall 2nd year:

YEAR I

<u>FALL</u>	<u>CR</u>	<u>WINTER</u>	<u>CR</u>
Basic Counseling Techniques *	3	Intermediate Counseling Techniques *	3
Counseling Theory*	5	Beginning Practicum*	3
Ethical and Legal Issues*	5	Psychopathology*	5
Counseling Fieldwork*	1	Lifespan Development	5
<hr/>		<hr/>	
	14		16

<u>SPRING</u>	<u>CR</u>	<u>SUMMER</u>	<u>CR</u>
Group Counseling Theory*	5		
Beginning Practicum*	3	Counseling Clinic	5
Diversity*	5		
Intro to Assessment	5		
<hr/>		<hr/>	
	18		5

*Must be taken during Year 1 during the quarter noted.

YEAR II

<u>FALL</u>	<u>CR</u>	<u>WINTER</u>	<u>CR</u>
M.A. Internship*	3	M.A. Internship*	3
Program Development & Research Methods	5	Career Counseling*	5
Counseling Clinic	5	Elective	3
		Elective	3
<hr/>		<hr/>	
	13		14

<u>SPRING</u>	<u>CR</u>
M.A. Internship*	3
Elective	3
Elective	4
<hr/>	
	10



If Clinic is taken in fall 2nd year/ winter 2nd year:

YEAR I

<u>FALL</u>	<u>CR</u>	<u>WINTER</u>	<u>CR</u>
Basic Counseling Techniques *	3	Intermediate Counseling Techniques *	3
Counseling Theory*	5	Beginning Practicum*	3
Ethical and Legal Issues*	5	Psychopathology*	5
Counseling Fieldwork*	1	Lifespan Development	5
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	14		16
<u>SPRING</u>	<u>CR</u>	<u>SUMMER</u>	<u>CR</u>
Group Counseling Theory*	5		
Beginning Practicum*	3	Elective (to replace 2 nd year elective)	(3)
Diversity*	5		
Intro. to Assessment	5		
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	18		(3)

*Must be taken during Year 1 during the quarter noted.

YEAR II

<u>FALL</u>	<u>CR</u>	<u>WINTER</u>	<u>CR</u>
M.A. Internship*	3	M.A. Internship*	3
Program Development & Research Methods	5	Career Counseling*	5
Elective	3	Elective	3
Counseling Clinic	5	Counseling Clinic	5
<hr/>		<hr/>	
	16		16
<u>SPRING</u>	<u>CR</u>		
M.A. Internship*	3		
Elective	3		
Elective	4		
<hr/>		<hr/>	
	10		



If Clinic is taken in winter 2nd year/ spring 2nd year:

YEAR I

<u>FALL</u>	<u>CR</u>	<u>WINTER</u>	<u>CR</u>
Basic Counseling Techniques *	3	Intermediate Counseling Techniques *	3
Counseling Theory*	5	Beginning Practicum*	3
Ethical and Legal Issues*	5	Psychopathology*	5
Counseling Fieldwork*	1	Lifespan Development	5
<hr/>		<hr/>	
	14		16
<u>SPRING</u>	<u>CR</u>	<u>SUMMER</u>	<u>CR</u>
Group Counseling Theory*	5		
Beginning Practicum*	3	Elective (to replace 2 nd year elective)	(3)
Diversity*	5		
Intro. to Assessment	5		
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	18		(3)

*Must be taken during Year 1 during the quarter noted.

YEAR II

<u>FALL</u>	<u>CR</u>	<u>WINTER</u>	<u>CR</u>
M.A. Internship*	3	M.A. Internship*	3
Program Development & Research Methods	5	Career Counseling*	5
Elective	3	Elective	3
Elective	3	Counseling Clinic	5
<hr/>		<hr/>	
	14		16
<u>SPRING</u>	<u>CR</u>		
M.A. Internship*	3		
Elective	4		
Counseling Clinic	5		
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	12		



Comprehensive Examination

General content areas for the Counselor Preparation Comprehensive Examination (CPCE) include:

1. Human Growth and Development
2. Social and Cultural Diversity
3. Helping Relationship
4. Group Work
5. Career Development
6. Assessment
7. Research and Program Evaluation
8. Professional Orientation and Ethical Practice

COMPREHENSIVE EXAMS ARE OFFERED IN THE SPRING QUARTER ONLY. STUDENTS MUST REGISTER ONE QUARTER IN ADVANCE.

If you plan to start your internship in summer between your first and second year, finish by the end of winter quarter and take all of their required courses by winter quarter 2nd year, you may be able to graduate early. In this case, you would need to register for the CPCE (Counselor Preparation Comprehensive Exam) through a local Pearson VUE testing center before the end of winter quarter: <http://www.pearsonvue.com/CPCE/>, and submit your test results (either the printout you receive at the end of the exam or a screenshot of your results) to your department ASA so that it can be recorded.

Alternately, if you would like to finish your internship and coursework a quarter early but want to take the comp exam on-campus in spring, you can register for [Continuous Enrollment](#) in spring quarter so that you remain an active student in spring even though your coursework requirements are completed. This might be an option to consider if you are an international student who wishes to remain here on your student visa through the end of the school year, since you do have to be registered as a full-time student in order to stay in line with student visa requirements. In the case of international students, please also check with your academic advisor and [ISSS](#) to review your options and make sure there aren't other factors to consider.

Note, the areas covered in the CPCE overlap with the NCE, which is needed for licensure.

Clinic

Students in the Clinical Mental Health Counseling concentration enroll in two consecutive 5-credit (10 credits total) clinic courses that require them to work one evening or afternoon a week for two quarters in the Counseling and Educational Services Clinic (C&ES) operated jointly by the Counseling Psychology and School Psychology programs. The above sample plan of study suggests Counseling Clinic in Fall and Winter of your second year, but not all students will be able to enroll in this sequence. You may start Counseling Clinic as early as Winter quarter of your first year. **You MUST contact the Clinic Director to discuss your clinic assignment.** This should be discussed as early as possible in your program, and definitely before the end of Winter quarter your first year to ensure all students have an assigned spot.

The purpose of the Clinic training experience is as follows:

1. To serve as a training site for master's and doctoral level students in the Counseling Psychology program of the University of Denver's Morgridge College of Education. Students are observed by a live observation team during their sessions with clients and receive immediate verbal and written feedback. Students also participate as a part of a reflection team. There are opportunities for research, consultation, and other experiences.
2. To serve as a research facility for students and faculty in the Counseling Psychology program.
3. To offer a community service by providing testing/assessment and individual, couples, family and group counseling and consultation for persons with educational, career, personal, family or other life transitional concerns at a reasonable cost (sliding scale).
4. To provide consultation and intervention for schools and other agencies dealing with school-related problems.